



# Huntsville Center *Safety Gram* *Engineering the Edge for Safety Excellence*

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## Summer Safety

We know that the summer months bring much joy to children – vacation from school, time to enjoy the outdoors with friends, family trips, and just time to be a kid. But during summer, drowning deaths increase by 89% and bike deaths increase by 45%. Have fun but be careful! Just follow a few simple guidelines to make sure your summer is fun, safe and injury free.

### Five Truths About Children Who Drown!

You think that it could never happen to your family, but each year more than 800 children drown. These incidents are not only preventable but predictable.

Here are the five truths about children who drown and what you can do to help keep your children safe around water.

1. Weak or no supervision
2. No Barriers
3. Weak or No CPR Skills
4. Weak or No Swimming Ability
5. Lack of Life Jacket Use

To find out what you can do to keep your kids safe and injury free, click on the following internet link:  
<http://sk.convio.net/site/R?i=isucAbHUVmr8aeCRwNwwQw..>

### Summer and Bikes Can Be Deadly

Did you know that bikes are associated with more childhood injuries than any other consumer product except automobiles?

Sadly, child bicycling deaths increase 45% above the month average in the summer. With 27.7 million children riding bikes, we know there are too many of those kids riding without a helmet.

Find important bike safety tips here. <[http://sk.convio.net/site/R?i=r28o9PYbq3824P\\_uaw7f8g..](http://sk.convio.net/site/R?i=r28o9PYbq3824P_uaw7f8g..)>

**Bike helmets: Necessity, Not an Accessory** - Watch this video to learn how to do the "eyes, ears, mouth test" to make sure your child's bike helmet fit correctly.

<<http://sk.convio.net/site/R?i=mWttT8pLhvOUQnvpZDGBg..>>



--The information above was provided by Safe Kids USA and HQUSACE Safety Office.

ARMY SAFE  
IS ARMY STRONG