



Huntsville Center *Safety Gram*

Engineering the Edge for Safety *Excellence*

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Protection That Matters - A PPE Checklist

In many occupations, you need personal protective equipment (PPE) as a barrier against injuries. Workers need the appropriate safety gear for the tasks they perform. Without it, we would be plagued by lost-time injuries and fatalities.

Here is a PPE checklist to use at work:

Eye Protection

- ◆ Maintain your eye protection by frequently inspecting it for dirt and scratches.
- ◆ Ensure that all protective eyewear is clean before use and take the time to clean the eyewear as required throughout each workday.
- ◆ If scratched, make sure that you replace your eyewear with a clean, unscratched pair.

Face Protection

- ◆ Face protection should be inspected for dirt and scratches on a regular basis.
- ◆ If face protection becomes dirty or scratched, it should be cleaned or replaced.

Head Protection

- ◆ Hardhats must be properly adjusted to ensure the suspension system will distribute the impact evenly over the entire head.
- ◆ The hardhat should fit securely on the head to prevent it from slipping or falling off.
- ◆ Wear your hardhat directly on top of your head, with the brim facing forward.
- ◆ Hardhats must be inspected regularly and replaced if the shell or suspension is damaged.
- ◆ Hardhats will last longer if they are not stored in sunlight or heat.

Hearing Protection

- ◆ Wear your hearing protection in posted areas.
- ◆ Wash your hands thoroughly before inserting hearing protection and make sure that earplugs are clean.

Hand Protection

- ◆ Ensure that you inspect your gloves prior to use and replace them if they are torn, cracked, worn thin or have holes.
- ◆ Check the material safety data sheet (MSDS) or speak with your supervisor before handling hazardous materials.
- ◆ Wear the right type of glove for the task.

Foot Protection

- ◆ Inspect your footwear often to ensure the sole is still providing good traction and the rest of the boot or shoe meets safety standards.
- ◆ Replace the boot when the steel toe insert becomes exposed, the treads are worn or any part of the boot is cracked or worn thin.



**Personal protective equipment is your armor against workplace "war wounds."
Wear it with confidence.**

**ARMY SAFE
IS ARMY STRONG**